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Lunch Entree

B&M Catering Co. K-12 Lunch Menu

Swedish Meatballs (5 ct) w/

Gravy & Rotini (1 c)

Sandwich Entree

Chicken Salad Sandwich (1/2 c) on Wheat Hamburger Roll

Vegetables

Carrot Slims (3/4 c)

Salad Entree

Caprese Salad w/ cheese

With

Wheat Dinner Roll

Choice of

Lunch Entree

Hamburger (3 oz) on Wheat Roll

And

2

Roasted Potatoes (3/4 c)

Sandwich Entree

Turkey & Cheese Sandwich on Wheat Hamburger Roll

And

Cucumber Sticks (3/4 c)

Salad Entree

Southwest Salad w/ Cheese

With

9

Wheat Dinner Roll

Lunch Entree

Chicken Patty (3 oz) Sandwich on Wheat Hamburger Roll

Sandwich Entree

Chicken Caesar Wrap

Vegetables

Fresh Broccoli (3/4 c)

Salad Entree

Greek Salad

With

Wheat Dinner Roll

Lunch Entree

Nachos w/ Taco Beef & Cheese, Lettuce & Tortilla Scoops

Sandwich Entree

Ham & Cheese Sandwich on Wheat Hamburger Roll

And

Carrot Slims (3/4 c)

Salad Entree

Garden Salad w/ Citrus Chicken

With

Wheat Dinner Roll

Lunch Entree

Mac & Cheese

With

5

Cut Green Beans, Lightly Steamed (3/4 c)

Sandwich Entree

Tuna Salad Sandwich (1/2 c) on Wheat Hamburger Roll

With

Fresh Broccoli (3/4 c)

Salad Entree

Chef Salad w/ Ham, Turkey & Cheese

With

12

Wheat Dinner Roll

Lunch Entree

Dino Chicken Nuggets (5 ct) & Wheat Dinner Roll

With

Corn (3/4 c)

Sandwich Entree

Chicken Salad Sandwich (1/2 c) on Wheat Hamburger Roll

With

Carrot Slims (3/4 c)

Salad Entree

Caprese Salad w/ cheese

With

Wheat Dinner Roll

Lunch Entree

Meatball Grinder (4 ct) on Wheat Hot Dog Roll

Sandwich Entree

Turkey & Cheese Sandwich on Wheat Hamburger Roll

Vegetables

Fresh Broccoli (3/4 c)

Salad Entree

Southwest Salad w/ Cheese

With

Wheat Dinner Roll

10 **Lunch Entree**

Turkey Breakfast Sausage

Or

Vegan Breakfast Sausage (4 oz)

And

Roasted Potatoes (3/4 c)

French Toast Sticks (2 ct)

Sandwich Entree

Chicken Caesar Wrap

With

Carrot Slims (3/4 c)

Salad Entree

Greek Salad

With

Wheat Dinner Roll

Lunch Entree

Sloppy Joe on Wheat Hot Dog Roll

And

11

Corn (3/4 c)

Sandwich Entree

Ham & Cheese Sandwich on Wheat Hamburger Roll

And

Cucumber Sticks (3/4 c)

Salad Entree

Garden Salad w/ Citrus Chicken

With

Wheat Dinner Roll

Lunch Entree

Red Pizza cut 12 w/ Cheese (2 oz)

13

And

Salad w/ Spring Mix

Sandwich Entree

Tuna Salad Sandwich (1/2 c) on Wheat Hamburger Roll

And

Carrot Slims (3/4 c)

Salad Entree

Chef Salad w/ Ham. Turkev & Cheese

With

Wheat Dinner Roll

Lunch Entree 17	Lunch Entree 18	19	Lunch Entree
Hamburger (3 oz) on Wheat Roll	Turkey Breakfast Sausage <i>Or</i>		Dino Chicken Nuggets (5 ct) & Wheat Dinner Roll
And			And
Creamy Cole Slaw (1 c)	oz)		Five Way Vegetable Blend (² c) w/ carrots, corn, peas, green beans, lima beans
Sandwich Entree	With		
Turkey & Cheese Sandwich	Roasted Potatoes (3/4 c) French Toast Sticks (2 ct)		Sandwich Entree
			Tuna Salad Sandwich (1/2 c
	Sandwich Entree	Juneteenth	on Wheat Hamburger Roll
, ,	Chicken Caesar Wrap		And
			Cucumber Sticks (3/4 c)
	Carrot Slims (3/4 c)		Salad Entree
With Wheat Dinner Roll	Salad Entree		Chef Salad w/ Ham, Turkey & Cheese
			With
			Wheat Dinner Roll
	Wheat Dinner Roll		
Lunch Entree 24	Lunch Entree 25	Lunch Entree 26	Lunch Entree
,		l .	
Hamburger (3 oz) on Wheat	Chicken Patty (3 oz)	Nachos w/ Taco Beef &	Mac & Cheese
Roll	Chicken Patty (3 oz) Sandwich on Wheat Hamburger Roll	Nachos w/ Taco Beef & Cheese, Lettuce & Tortilla Scoops	Mac & Cheese With
Roll And	Sandwich on Wheat	Cheese, Lettuce & Tortilla	<i>With</i> Cut Green Beans, Lightly
Roll And Roasted Potatoes (3/4 c)	Sandwich on Wheat Hamburger Roll	Cheese, Lettuce & Tortilla Scoops Sandwich Entree Ham & Cheese Sandwich on	With Cut Green Beans, Lightly Steamed (3/4 c)
Roll And Roasted Potatoes (3/4 c) Sandwich Entree	Sandwich on Wheat Hamburger Roll Sandwich Entree	Cheese, Lettuce & Tortilla Scoops Sandwich Entree Ham & Cheese Sandwich on Wheat Hamburger Roll	With Cut Green Beans, Lightly Steamed (3/4 c) Sandwich Entree
Roll And Roasted Potatoes (3/4 c)	Sandwich on Wheat Hamburger Roll Sandwich Entree Chicken Caesar Wrap	Cheese, Lettuce & Tortilla Scoops Sandwich Entree Ham & Cheese Sandwich on Wheat Hamburger Roll And	With Cut Green Beans, Lightly Steamed (3/4 c) Sandwich Entree
Roll And Roasted Potatoes (3/4 c) Sandwich Entree Turkey & Cheese Sandwich	Sandwich on Wheat Hamburger Roll Sandwich Entree Chicken Caesar Wrap Vegetables	Cheese, Lettuce & Tortilla Scoops Sandwich Entree Ham & Cheese Sandwich on Wheat Hamburger Roll	With Cut Green Beans, Lightly Steamed (3/4 c) Sandwich Entree Tuna Salad Sandwich (1/2 c)
Roll And Roasted Potatoes (3/4 c) Sandwich Entree Turkey & Cheese Sandwich on Wheat Hamburger Roll	Sandwich on Wheat Hamburger Roll Sandwich Entree Chicken Caesar Wrap Vegetables Fresh Broccoli (3/4 c)	Cheese, Lettuce & Tortilla Scoops Sandwich Entree Ham & Cheese Sandwich on Wheat Hamburger Roll And	With Cut Green Beans, Lightly Steamed (3/4 c) Sandwich Entree Tuna Salad Sandwich (1/2 con Wheat Hamburger Roll
Roll And Roasted Potatoes (3/4 c) Sandwich Entree Turkey & Cheese Sandwich on Wheat Hamburger Roll And	Sandwich on Wheat Hamburger Roll Sandwich Entree Chicken Caesar Wrap Vegetables Fresh Broccoli (3/4 c) Salad Entree	Cheese, Lettuce & Tortilla Scoops Sandwich Entree Ham & Cheese Sandwich on Wheat Hamburger Roll And Carrot Slims (3/4 c) Salad Entree Garden Salad w/ Citrus	With Cut Green Beans, Lightly Steamed (3/4 c) Sandwich Entree Tuna Salad Sandwich (1/2 con Wheat Hamburger Roll With
Roll And Roasted Potatoes (3/4 c) Sandwich Entree Turkey & Cheese Sandwich on Wheat Hamburger Roll And Cucumber Sticks (3/4 c)	Sandwich on Wheat Hamburger Roll Sandwich Entree Chicken Caesar Wrap Vegetables Fresh Broccoli (3/4 c) Salad Entree Greek Salad	Cheese, Lettuce & Tortilla Scoops Sandwich Entree Ham & Cheese Sandwich on Wheat Hamburger Roll And Carrot Slims (3/4 c) Salad Entree Garden Salad w/ Citrus Chicken	With Cut Green Beans, Lightly Steamed (3/4 c) Sandwich Entree Tuna Salad Sandwich (1/2 con Wheat Hamburger Roll With Fresh Broccoli (3/4 c) Salad Entree Chef Salad w/ Ham, Turkey
Roll And Roasted Potatoes (3/4 c) Sandwich Entree Turkey & Cheese Sandwich on Wheat Hamburger Roll And Cucumber Sticks (3/4 c) Salad Entree	Sandwich on Wheat Hamburger Roll Sandwich Entree Chicken Caesar Wrap Vegetables Fresh Broccoli (3/4 c) Salad Entree Greek Salad With	Cheese, Lettuce & Tortilla Scoops Sandwich Entree Ham & Cheese Sandwich on Wheat Hamburger Roll And Carrot Slims (3/4 c) Salad Entree Garden Salad w/ Citrus Chicken With	With Cut Green Beans, Lightly Steamed (3/4 c) Sandwich Entree Tuna Salad Sandwich (1/2 con Wheat Hamburger Roll With Fresh Broccoli (3/4 c)
Roll And Roasted Potatoes (3/4 c) Sandwich Entree Turkey & Cheese Sandwich on Wheat Hamburger Roll And Cucumber Sticks (3/4 c) Salad Entree Southwest Salad w/ Cheese	Sandwich on Wheat Hamburger Roll Sandwich Entree Chicken Caesar Wrap Vegetables Fresh Broccoli (3/4 c) Salad Entree Greek Salad With	Cheese, Lettuce & Tortilla Scoops Sandwich Entree Ham & Cheese Sandwich on Wheat Hamburger Roll And Carrot Slims (3/4 c) Salad Entree Garden Salad w/ Citrus Chicken	With Cut Green Beans, Lightly Steamed (3/4 c) Sandwich Entree Tuna Salad Sandwich (1/2 con Wheat Hamburger Roll With Fresh Broccoli (3/4 c) Salad Entree Chef Salad w/ Ham, Turkey
	Roll And Creamy Cole Slaw (1 c) Sandwich Entree Turkey & Cheese Sandwich on Wheat Hamburger Roll And Cucumber Sticks (3/4 c) Salad Entree Southwest Salad w/ Cheese With Wheat Dinner Roll	Roll And Creamy Cole Slaw (1 c) Sandwich Entree Turkey & Cheese Sandwich on Wheat Hamburger Roll And Cucumber Sticks (3/4 c) Salad Entree Southwest Salad w/ Cheese With Salad Entree Chicken Caesar Wrap And Carrot Slims (3/4 c) Salad Entree Greek Salad With Wheat Dinner Roll Or Vegan Breakfast Sausage (2 oz) With Roasted Potatoes (3/4 c) French Toast Sticks (2 ct) Sandwich Entree Chicken Caesar Wrap And Carrot Slims (3/4 c) Salad Entree Greek Salad With Wheat Dinner Roll	Roll And Vegan Breakfast Sausage (2 oz) Sandwich Entree Turkey & Cheese Sandwich on Wheat Hamburger Roll And Cucumber Sticks (3/4 c) Salad Entree Southwest Salad w/ Cheese With Wheat Dinner Roll Or Vegan Breakfast Sausage (2 oz) With Roasted Potatoes (3/4 c) French Toast Sticks (2 ct) Sandwich Entree Chicken Caesar Wrap And Carrot Slims (3/4 c) Salad Entree Greek Salad With Wheat Dinner Roll

Lunch Entree 30		
Dino Chicken Nuggets (5 ct) & Wheat Dinner Roll		
And		
Corn (3/4 c)		
Sandwich Entree		
Chicken Salad Sandwich (1/2 c) on Wheat Hamburger Roll		
With		
Carrot Slims (3/4 c)		
Salad Entree		
Caprese Salad w/ cheese		
With		
Wheat Dinner Roll		

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