

April

B&M Catering Co.

K-12 Lunch Menu

Lunch Entree

Hamburger (3 oz) on
Wheat Roll

And

Roasted Potatoes (3/4 c)

Sandwich Entree

Turkey & Cheese Sandwich
on Wheat Hamburger Roll

And

Cucumber Sticks (3/4 c)

Vegetable Dip (1/8 c)

Salad Entree

Southwest Salad w/
Cheese

With

Wheat Dinner Roll

Ranch Dressing (1/2 oz)

Fruit

Banana (whole)

Milk

Milk, 1% Carton

Milk, Skim Chocolate

Carton

Condiments

Mayonnaise Packet

Mustard Packet

Ketchup Packet

1

Lunch Entree

Teriyaki Chicken Breast
(2 oz) & Wheat Dinner Roll

And

Five Way Vegetable Blend

(1 c) w/ carrots, corn, peas,
green beans, lima beans

Sandwich Entree

Chicken Caesar Wrap

And

Fresh Broccoli (3/4 c)

Vegetable Dip (1/8 c)

Salad Entree

Greek Salad

With

Wheat Dinner Roll

Choice of

Italian Dressing (1-1/2 oz)

Ranch Dressing (1/2 oz)

Fruit

Pineapple Tidbits (1/2 c)

Milk

Milk, 1% Carton

Milk, Skim Chocolate

Carton

2

Lunch Entree

Sloppy Joe on Wheat
Hot Dog Roll

And

Corn (3/4 c)

Ketchup Packet

Sandwich Entree

Ham & Cheese Sandwich

on Wheat Hamburger Roll

Mayonnaise Packet

Mustard Packet

And

Carrot Slims (3/4 c)

Vegetable Dip (1/8 c)

Salad Entree

Garden Salad w/ Citrus

Chicken

With

Wheat Dinner Roll

Choice of

Italian Dressing (1-1/2 oz)

Ranch Dressing (1/2 oz)

Fruit

Diced Peaches (1/2 c)

Milk

Milk, 1% Carton

Milk, Skim Chocolate

Carton

3

Lunch Entree

Mac & Cheese (1 c)
With

Cut Green Beans, Lightly
Steamed (3/4 c)

Sandwich Entree

With

With

With

Tuna Salad Sandwich (1/2
c) on Wheat Hamburger

Roll

With

Fresh Broccoli (3/4 c)

Vegetable Dip (1/8 c)

Salad Entree

Chef Salad w/ Ham &
Turkey

With

Wheat Dinner Roll

Choice of

Italian Dressing (1-1/2 oz)

Ranch Dressing (1/2 oz)

Fruit

Orange (whole)

Milk

Milk, 1% Carton

Milk, Skim Chocolate

Carton

4

Lunch Entree

Meatball Grinder (4 ct)
on Wheat Hot Dog Roll

Sandwich Entree

Chicken Salad Sandwich
(1/2 c) on Wheat
Hamburger Roll

Vegetables

Carrot Slims (3/4 c)
Vegetable Dip (1/8 c)

Salad Entree

Caprese Salad w/ cheese
With
Wheat Dinner Roll
Choice of
Ranch Dressing (1/2 oz)
Italian Dressing (1-1/2 oz)

Fruit

Apple (whole)

Milk

Milk, 1% Carton
Milk, Skim Chocolate
Carton

7**Lunch Entree**

Dino Chicken Nuggets (5
ct) & Wheat Dinner Roll
With

Roasted Potatoes (3/4 c)
Ketchup Packet

Sandwich Entree

Turkey & Cheese Sandwich
on Wheat Hamburger Roll
Mayonnaise Packet
Mustard Packet

Vegetables

Fresh Broccoli (3/4 c)
Vegetable Dip (1/8 c)

Salad Entree

Southwest Salad w/
Cheese
With

Wheat Dinner Roll

Choice of

Italian Dressing (1-1/2 oz)
Ranch Dressing (1/2 oz)

Fruit

Banana (whole)

Milk

Milk, 1% Carton
Milk, Skim Chocolate
Carton

8**Lunch Entree**

Chicken Patty (3 oz)
Sandwich on Wheat
Hamburger Roll

And

Corn (3/4 c)
Ketchup Packet

Sandwich Entree

Chicken Caesar Wrap
With

Carrot Slims (3/4 c)
Vegetable Dip (1/8 c)

Salad Entree

Greek Salad
With
Wheat Dinner Roll

Choice of

Italian Dressing (1-1/2 oz)
Ranch Dressing (1/2 oz)

Fruit

Diced Peaches (1/2 c)

Milk

Milk, 1% Carton
Milk, Skim Chocolate
Carton

9**Lunch Entree**

Nachos w/ Taco Beef,
Cheese, Lettuce & Tortilla
Scoops

Sandwich Entree

Ham & Cheese Sandwich
on Wheat Hamburger Roll
Mayonnaise Packet
Mustard Packet

And

Cucumber Sticks (3/4 c)
Vegetable Dip (1/8 c)

Salad Entree

Garden Salad w/ Citrus
Chicken
With

Wheat Dinner Roll

Choice of

Italian Dressing (1-1/2 oz)
Ranch Dressing (1/2 oz)

Fruit

Pineapple Tidbits (1/2 c)

Milk

Milk, 1% Carton
Milk, Skim Chocolate
Carton

10**Lunch Entree**

Red Pizza cut 12 w/
Cheese (2 oz)
And

Salad w/ Spring Mix

Sandwich Entree

Tuna Salad Sandwich (1/2
c) on Wheat Hamburger
Roll

And

Carrot Slims (3/4 c)
Vegetable Dip (1/8 c)

Salad Entree

Chef Salad w/ Ham &
Turkey
With

Wheat Dinner Roll

Fruit

Orange (whole)

Milk

Milk, 1% Carton
Milk, Skim Chocolate
Carton

Condiments

Italian Dressing (1-1/2 oz)
Ranch Dressing (1/2 oz)

11

Lunch Entree

Chicken Pot Pie (1 c) w/
Buttermilk Biscuit (2 oz)

Sandwich Entree

Chicken Salad Sandwich
(1/2 c) on Wheat
Hamburger Roll

Salad Entree

Caprese Salad w/ cheese
With

Wheat Dinner Roll

Choice of

Ranch Dressing (1/2 oz)

Italian Dressing (1-1/2 oz)

Vegetables

Carrot Slims (3/4 c)

Vegetable Dip (1/8 c)

Fruit

Apple (whole)

Milk

Milk, 1% Carton

Milk, Skim Chocolate

Carton

14**Lunch Entree**

BBQ Pulled Pork (4 oz)
Sandwich on Wheat
Hamburger Roll

And

Creamy Cole Slaw (1 c)

Sandwich Entree

Turkey & Cheese Sandwich
on Wheat Hamburger Roll
Mayonnaise Packet
Mustard Packet

And

Cucumber Sticks (3/4 c)

Vegetable Dip (1/8 c)

Salad Entree

Southwest Salad w/
Cheese

With

Wheat Dinner Roll

Choice of

Italian Dressing (1-1/2 oz)

Ranch Dressing (1/2 oz)

Fruit

Banana (whole)

Milk

Milk, 1% Carton

Milk, Skim Chocolate

Carton

15**Lunch Entree**

Turkey Breakfast
Sausage

Or

Vegan Breakfast Sausage
(2 oz)

With

Roasted Potatoes (3/4 c)

French Toast Sticks (2 ct)

Breakfast Syrup

Ketchup Packet

Sandwich Entree

Chicken Caesar Wrap

And

Carrot Slims (3/4 c)

Vegetable Dip (1/8 c)

Salad Entree

Greek Salad

With

Wheat Dinner Roll

Choice of

Italian Dressing (1-1/2 oz)

Ranch Dressing (1/2 oz)

Fruit

Diced Pears (1/2 c)

Milk

Milk, 1% Carton

Milk, Skim Chocolate

Carton

16**Lunch Entree**

American Chop Suey (1
c) w/ Beef, Tomato Sauce
& Rotini

Sandwich Entree

Ham & Cheese Sandwich
on Wheat Hamburger Roll
Mayonnaise Packet
Mustard Packet

Vegetables

Fresh Broccoli (3/4 c)

Vegetable Dip (1/8 c)

Salad Entree

Garden Salad w/ Citrus

Chicken

With

Wheat Dinner Roll

Choice of

Italian Dressing (1-1/2 oz)

Ranch Dressing (1/2 oz)

Fruit

Applesauce (1/2 c)

Milk

Milk, 1% Carton

Milk, Skim Chocolate

Carton

17**Lunch Entree**

Dino Chicken Nuggets
(5 ct) & Wheat Dinner Roll
And

Five Way Vegetable Blend
(1 c) w/ carrots, corn, peas,
green beans, lima beans

Sandwich Entree

Tuna Salad Sandwich (1/2
c) on Wheat Hamburger
Roll

And

Cucumber Sticks (3/4 c)

Vegetable Dip (1/8 c)

Salad Entree

Chef Salad w/ Ham &
Turkey

With

Wheat Dinner Roll

Choice of

Italian Dressing (1-1/2 oz)

Ranch Dressing (1/2 oz)

Fruit

Orange (whole)

Milk

Milk, 1% Carton

Milk, Skim Chocolate

Carton

18

Lunch Entree

Chicken Cacciatore (3/4 c) w/ Tomato Sauce & Ziti Pasta (1/2 c)

Sandwich Entree

Chicken Salad Sandwich (1/2 c) on Wheat Hamburger Roll
With

Carrot Slims (3/4 c)
Vegetable Dip (1/8 c)

Salad Entree

Caprese Salad w/ cheese
With

Wheat Dinner Roll

Choice of

Italian Dressing (1-1/2 oz)
Ranch Dressing (1/2 oz)

Fruit

Apple (whole)

Milk

Milk, 1% Carton
Milk, Skim Chocolate Carton

21**Lunch Entree**

Hamburger (3 oz) on Wheat Roll

And

Roasted Potatoes (3/4 c)

Sandwich Entree

Turkey & Cheese Sandwich on Wheat Hamburger Roll

And

Cucumber Sticks (3/4 c)
Vegetable Dip (1/8 c)

Salad Entree

Southwest Salad w/ Cheese

With

Wheat Dinner Roll
Ranch Dressing (1/2 oz)

Fruit

Banana (whole)

Milk

Milk, 1% Carton
Milk, Skim Chocolate Carton

Condiments

Mayonnaise Packet
Mustard Packet
Ketchup Packet

22**Lunch Entree**

Teriyaki Chicken Breast (2 oz) & Wheat Dinner Roll
And

Five Way Vegetable Blend (1 c) w/ carrots, corn, peas, green beans, lima beans

Sandwich Entree

Chicken Caesar Wrap
And

Fresh Broccoli (3/4 c)
Vegetable Dip (1/8 c)

Salad Entree

Greek Salad

With

Wheat Dinner Roll

Choice of

Italian Dressing (1-1/2 oz)
Ranch Dressing (1/2 oz)

Fruit

Pineapple Tidbits (1/2 c)

Milk

Milk, 1% Carton
Milk, Skim Chocolate Carton

23**Lunch Entree**

Sloppy Joe on Wheat Hot Dog Roll

And

Corn (3/4 c)
Ketchup Packet

Sandwich Entree

Ham & Cheese Sandwich on Wheat Hamburger Roll

Mayonnaise Packet

Mustard Packet

And

Carrot Slims (3/4 c)
Vegetable Dip (1/8 c)

Salad Entree

Garden Salad w/ Citrus

Chicken

With

Wheat Dinner Roll

Choice of

Italian Dressing (1-1/2 oz)
Ranch Dressing (1/2 oz)

Fruit

Diced Peaches (1/2 c)

Milk

Milk, 1% Carton
Milk, Skim Chocolate Carton

24**Lunch Entree**

Mac & Cheese (1 c)
With

Cut Green Beans, Lightly Steamed (3/4 c)

Sandwich Entree

With

With

With

Tuna Salad Sandwich (1/2 c) on Wheat Hamburger Roll

With

Fresh Broccoli (3/4 c)
Vegetable Dip (1/8 c)

Salad Entree

Chef Salad w/ Ham & Turkey

With

Wheat Dinner Roll

Choice of

Italian Dressing (1-1/2 oz)
Ranch Dressing (1/2 oz)

Fruit

Orange (whole)

Milk

Milk, 1% Carton
Milk, Skim Chocolate Carton

25

Lunch Entree**28**

Dino Chicken Nuggets
(5 ct) & Wheat Dinner Roll
With

Roasted Potatoes (3/4 c)
Ketchup Packet

Sandwich Entree

Chicken Salad Sandwich
(1/2 c) on Wheat
Hamburger Roll
With

Carrot Slims (3/4 c)
Vegetable Dip (1/8 c)

Salad Entree

Caprese Salad w/ cheese
With

Wheat Dinner Roll
Choice of

Ranch Dressing (1/2 oz)
Italian Dressing (1-1/2 oz)

Fruit

Apple (whole)

Milk

Milk, 1% Carton
Milk, Skim Chocolate
Carton

Lunch Entree**29**

Meatball Grinder (4 ct)
on Wheat Hot Dog Roll

Sandwich Entree

Turkey & Cheese Sandwich
on Wheat Hamburger Roll
Mayonnaise Packet
Mustard Packet

Vegetables

Fresh Broccoli (3/4 c)
Vegetable Dip (1/8 c)

Salad Entree

Southwest Salad w/
Cheese

With

Wheat Dinner Roll
Choice of

Italian Dressing (1-1/2 oz)
Ranch Dressing (1/2 oz)

Fruit

Banana (whole)

Milk

Milk, 1% Carton
Milk, Skim Chocolate
Carton

Lunch Entree**30**

Chicken Patty (3 oz)
Sandwich on Wheat
Hamburger Roll

And

Corn (3/4 c)
Ketchup Packet

Sandwich Entree

Chicken Caesar Wrap
With

Carrot Slims (3/4 c)
Vegetable Dip (1/8 c)

Salad Entree

Greek Salad

With

Wheat Dinner Roll
Choice of

Italian Dressing (1-1/2 oz)
Ranch Dressing (1/2 oz)

Fruit

Diced Peaches (1/2 c)

Milk

Milk, 1% Carton
Milk, Skim Chocolate
Carton

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